



# PAIN MULTI-DISCIPLINARY CONGRESS

In collaboration with  
Lariboisiere University Hospital

SEPTEMBER 08, 2018

BELLEVUE MEDICAL CENTER  
BEIRUT - LEBANON

**CME**  
Credits

SUPPORTED BY



## PRESIDENT LETTER

Dear Friends and Colleagues,

It is with great pleasure and anticipation to extend a cordial invitation to attend the "Pain Multidisciplinary Congress" that will be held on September 08, 2018 at Bellevue Medical Center, Beirut-Lebanon. This congress will be a joint collaboration between Bellevue Medical Center & Lariboisière University Hospital .

This Congress is a not to be missed event bringing up-to-the-minute insight and updates on the latest in the field of Pain, will provide a challenging scientific program in the form of plenary lectures and scientific sessions on the most current in the field. An exhibition will be set to showcase the newest technology, equipment and instruments. It is expected to bring high attendance with prominent speakers who will master the latest updates in Pain.

This event is aimed at transforming the way we operate in the hope of continuously improving our ability to perform and meet our daily challenges and update our knowledge to the newest standards of care in our field. In this aim, we will all be very proud of where we are today and excited about where we are heading.

**In closing, this is an opportunity for all of us to contribute for a better future.**

Thank you and we look forward to seeing you!



Ghassan Mouhanna  
President of the Congress

# COMMITTEES & SPEAKERS

## Organizing Committee

Ghassan Mouhanna  
Jasmin Almayan  
Jeannette Abou Jaoude  
Perla Kherbawy  
Rabih Tamim  
Tarek Fares

## Scientific Committee

Charles Chammas  
Charles Yaacoub  
Eliane Abi Rached  
Fadi Karak  
Falah Bachour  
Gaby Kreichati  
Hanine Hilal  
Jad Nehme  
Jad Okais  
Nabil Okais  
Omar Fakhoury  
Philippe Younes  
Souheil Gebeily  
Tarek Fares  
Valia Azzi

## Local Speakers

Abdel Fattah Masri  
Antoine Daher  
Chadia Beaini  
Charles Yaacoub  
Eliane Abi Rached  
Falah Bachour  
Jad Okais  
John Abdelnoor  
Joseph Abboud  
Khalil Kharrat  
Line Abdo  
Nabil Okais  
Omar Fakhoury  
Patricia Fadel  
Perla Kherbawy  
Sami Moukheiber  
Tarek Fares  
Tony Salloum

## International Speakers

Alain Serrie  
Caroline Roos

## SUPPORTED BY

### **Tanios Abboud**

President of the Order of Physiotherapists

### **Abdel Fattah Masri**

President of the Lebanese Society of Rheumatology

### **Abdo Freim**

President of the Lebanese Society of General Practitioners

### **Adnan Awada**

President of the Lebanese Society of Neurology

### **Elie Moubarak**

President of the Lebanese society of Internal Medicine

### **Ghassan Mouhanna**

President of the Lebanese Society of Pain Medicine

### **Khalil Achkar**

President of the Lebanese Society of Family Medicine

### **Nadim Jalbout**

President of the Lebanese Society of Anesthesiologists

### **Nazem Bassil**

President of the Lebanese Geriatric Society

### **Nizar Bitar**

President of the Lebanese Society of Medical Oncology

# PROGRAM

## Saturday, September 8, 2018

|               |  |                  |
|---------------|--|------------------|
| 08:30 - 09:00 | Registration   |                  |
| 09:00 - 09:05 | Address of the President of the Congress   | Ghassan Mouhanna |
| 09:05 - 09:10 | Address of the Chief of Department of Pain & Palliative Care of Lariboisière University Hospital | Alain Serrie     |
| 09:10 - 09:15 | Address of Bellevue Medical Center Medical Director and Vice President Medical Affairs           | Ghassan Maalouf  |

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### 09:15 - 10:30 Session I

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**Moderators: Nizar Bitar - Souheil Gebeily- Hatem Korri**

|               |  |                    |
|---------------|--|--------------------|
| 09:15 - 09:27 | Pain and Meaning of Life   | Nabil Okais        |
| 09:27 - 09:47 | Migraines: Treatment Updates   | Caroline Roos      |
| 09:47 - 09:59 | How to Tackle Shoulder Pain: Misdiagnosis and Non Pharmacological Approach | Falah Bachour      |
| 09:59 - 10:11 | Graded Physical Activity and Pain Management in Physical Therapy           | Antoine Daher      |
| 10:11 - 10:23 | Rheumatological Pain: Different Treatment Modalities                       | Abdel Fattah Masri |
| 10:23 - 10:30 | Q & A  |                    |

### 10:30 - 11:00 Coffee Break

# PROGRAM

**Saturday, September 8, 2018**

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## **11:00 - 12:30 Session II**

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**Moderators: Elie Moubarak - Fadi Karak - Nadim Jalbout**

|               |  |                 |
|---------------|--|-----------------|
| 11:00 - 11:12 | The Surgeon Faces the Pain   | Khalil Kharrat  |
| 11:12 - 11:24 | Recurrent Pain in Ambulatory Care:<br>Case Presentation                        | Sami Moukheiber |
| 11:24 - 11:36 | Perception of Pain and Personality:<br>Fundamental Basis of Therapeutic Choice | Charles Yaacoub |
| 11:36 - 11:48 | Chronic Pelvic Pain: The Diagnostic Algorithm<br>and Therapeutic Approach      | Joseph Abboud   |
| 11:48 - 12:00 | Cancer Pain Management: Is Relief Possible?                                    | Line Abdo       |
| 12:00 - 12:15 | Pain and Morphine<br><i>Symposium Sponsored by Mundipharma</i>                 | Tarek Fares     |
| 12:15 - 12:30 | Q & A  |                 |

## **12:30 - 13:30 Lunch Break**

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## **13:30 - 15:12 Session III**

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**Moderators: Kamel Ezzeddine - Gaby Kreichati - Fadi Haddad**

|               |  |                |
|---------------|--|----------------|
| 13:30 - 13:45 | How to Tackle Hip Pain: Misdiagnosis and Non<br>Pharmacological Approach | John Abdelnoor |
| 13:45 - 13:57 | Rheumatologic and Inflammatory Pain:<br>Extraskeletal Manifestations     | Jad Okais      |

# PROGRAM

|               |  |                   |
|---------------|--|-------------------|
| 13:57 - 14:09 | Pain in the Elderly Population:<br>Any Specific Approach?  | Patricia Fadel    |
| 14:09 - 14:21 | Analgesia and Metabolic Complications:<br>What's Beyond?   | Chadia Beaini     |
| 14:21 - 14:33 | Opioids in Chronic Non Cancer Pain                         | Alain Serrie      |
| 14:33 - 14:45 | Role of The Psychologist:<br>Soigner les Maux par les Mots | Eliane Abi Rached |
| 14:45 - 14:57 | WHO and Aromatherapy in Pain:<br>The Inpatient Approach    | Perla Kherbawy    |
| 14:57 - 15:12 | Q & A  |                   |

## **15:12 - 15:42** Coffee Break

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## **15:42 - 16:33** Session IV

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**Moderators: Charles Chammas - Habib Hazkial - Valia Azzi**

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|---------------|--|---------------|
| 15:42 - 15:54 | Headache and CSF Hypotension: A Prospective Study        | Caroline Roos |
| 15:54 - 16:06 | Headache Induced by:<br>Strabismus and Refractive Errors | Omar Fakhoury |
| 16:06 - 16:18 | Role of Rehabilitation in Acute and Chronic Pain         | Tony Salloum  |
| 16:18 - 16:33 | Q & A  |               |

We would like to thank the below sponsors for their contribution to the success of its annual congress



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